

2010 Texas Girls' State Fair

The Women's Museum: An Institute for the Future

Please submit all materials to txgirlsstatefair@thewomensmuseum.org

Bio Guidelines

Required Length – 400-600 words

If using Microsoft Office Word 2007, click on the "Review" tab and click on "Word Count"

If using Microsoft Office Word 1997-2003, click on "Tools" then "Word Count"

Getting Started – Use the following questions to help you start your bio. You do not have to answer every question if it does not fit what you want to say.

Introduction:

- Begin by introducing what you do.
- What inspired you to start this?
- Why do you enjoy what you do?

Information:

- How has this helped you become the person you are today?
- What have you learned through your experiences with this?
- Has it helped you become a better student in school? If so, how?
- What is your favorite subject or subjects? Why?
- Are you involved with extra activities, organizations, sports, community service, etc...?
- How do you feel about being involved with these extra activities, organizations, sports, community service, etc....?
- What are your hobbies?
- What do you like to do in your spare time?

Conclusion:

- What or who inspires you?
- What are your goals for the future?
- How do you plan to accomplish your goals?

Please list 3 to 5 awards, certificates or recognition you've received.

Accomplishments: Examples

- List all accomplishments and awards for academics, athletics, arts, community service, etc.
- Honor Roll
- Service Awards
- Community Involvement
- Any news/media article about you

Questions? Contact Emily Embry at emily.embry@thewomensmuseum.org.

Sample Bio

I love to spend my time thinking about and training for fencing. What I love about fencing is the thrill of competition and the successful actions of my effort. I believe that all the time a person puts into something will come back to you tenfold. That has proven true for me in many cases. For instance, in March 2008 I won the Bronze medal in a National American Cup Division II Foil Fencing competition in Rosemont, Illinois. Since I won the Bronze, I increased my rating to a B-2008 (note: in fencing, a person starts out unrated, then has to progress from an E- to an A-rating, which is the highest). Because I earned my B, I am able to compete in World Cups that take place in various places around the world. My coach was so proud of me because I won the silver medal without him being present; I did it all by myself. He was also proud, as was I, of the fact that in 9 months I had increased my rating from a D to a B.

Although my main sport is fencing, I also play varsity softball. I play 1st and 3rd base. Entering my sophomore year, I had set a goal to letter and I am happy that I have accomplished this feat. I absolutely love playing softball and enjoy my teammates, and I would play and practice with them every second of the day if I could.

In school I am a straight A student with an overall average of approximately 98 out of 100. I like science and math because I find these subjects challenging and stimulating at the same time. I am a member of student council and a member of the American Sign Language Club. Next year, as a junior, I will be inducted into the National Honor Society. When I graduated high school and go to college, I want to study engineering. My dad is an engineer and I find his work fascinating. Being able to design a building or a bridge and then see it built seems so cool and rewarding.

In my spare time, I like to read many types of fictional novels, and I like to write short stories and even poetry. I also like to hang out with my friends. My parents are great, and I love to spend time with them too. We do a lot of things together as a family, everything from watching our favorite sports teams to going to the lake and boating. In my life, I have found that my parents are my biggest supporters. Without their love and attention, I do not think I would be as successful as I am today. I appreciate how my parents have prepared me for what life is going to offer.

Accomplishments:

- U.S. Fencing National Competitor and Finalist Rating B in Women's Foil
- 2007 Summer National Silver medalist in Division III Women's Foil
- 2008 Bronze medalist in North American Cup in Division II Women's Foil

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